Welcome!

Annual Conference 2018

“Healthy Mind, Healthy Body”

Tuesday 12th June 2018

Hornton Grange, Edgbaston
Programme for the day

10.00 Coffee and Registration

10.30 Welcome and Introduction - Roger Wotton

10.40 **Lifestyle and Prostate Cancer: A Review of the Evidence:** Professor Robert Thomas, Consultant Oncologist, Bedford and Addenbrooke’s Cambridge University Hospitals

11.40 **AGM & Open Forum**

12.40 Buffet Lunch

13.40 **A Holistic View of Managing Health:** Dr. Stéphanie McArdle, Senior Researcher in Tumour Immunology, Nottingham Trent University

14.10 **Integrating the Art of Living with the Science of Health:** Sue Cooper, Integrative Health and Well-being Advisor and Ambassador to Nottinghamshire Hospice

14.40 **A Personal Battle with Terminal Cancer:** Connell McNelis

15.10 Tea Break

15.40 Clinical Panel Discussion/Q&A with speakers

16.30 Close of Conference/Tea & Networking
Lifestyle and Prostate Cancer: A Review of the Evidence

Professor Robert Thomas, Consultant Oncologist, Bedford and Addenbrooke’s Cambridge University Hospitals
Annual Conference 2018

Annual General Meeting
Agenda

1. Roll Call and Apologies
2. To approve the minutes of 2017 AGM
3. To receive the Chairman’s report
4. To receive the Finance Director’s report
5. To receive and adopt the Report and Accounts of the company for the year ending 31 Dec 2017
6. To re-appoint six existing Directors
7. To re-appoint Sandy Tyndale-Biscoe as Hon. President for a further three-year term
8. To re-appoint TGFP as Auditors of the Company until the next AGM and to authorise the Directors to fix their remuneration
9. Any other business notified in advance
Roll Call: Groups represented here today....

APPLE
Cornwall
East Lancs
Leighton Hospital
Oxfordshire
PCSA Kent
Purley
South Warwickshire

Aylesbury Vale
Derby
Haywards Heath
Llangollen
PCaSO
Prospect (Bristol)
Reading
Teesside

Bedford
Droylsden
High Peak
Milton Keynes
PCSA (C. England)
PROSTaid
Solihull
York

Have I missed any?........
Apologies

Torbay
Metro Walnut
Prostate Peddlers
Procas Lincs & Humber
Cancer Black Care
Agenda Item 2

Minutes from 2017 AGM
Agenda Item 3

Chairman’s Report
First, my thanks to...........

- The Board of Trustees for their advice and contribution
- Our Clinical Advisory Board for their counsel
- Our volunteers, particularly those who man the helpline
- Our Support Groups for their advocacy, financial support and commitment to the Federation
- Prostate Cancer UK for their help and financial support in running joint workshops

..... and remembering those we have lost this past year
Our Strategy remains the same....
Chairman’s Report

Strengthening the Federation

Raising our Profile

Securing our Future
Strengthening the Federation

- Growing the organisation – now up to 90 groups
- Visited 16 groups since last AGM – more planned
- Listening to grass roots issues and opinions
- Offering support to newly formed groups
- Small grants programme
- Best Practice workshops (with thanks to PCUK)
Raising our Profile

- Increasing media coverage
- Invited to speak to numerous organisations
- Updated our screening paper
- Positive feedback as consultation partner
- Active member of cancer coalitions
- Lobbying and campaigning continues
Securing our Future

- Remain a patient-led charity as the voice of prostate cancer patients and their families
- Continue to press for earlier diagnosis and a more informed approach to testing
- Support from Pharmaceutical companies but need to widen funding base
- Cycle to the Moon, Save a Dad will continue
- Tackle Truck/Bus remains on the cards but depends on collaboration with QEHB and Unite
Agenda Item 4

Finance Director’s Report
Erik Friis-Scheel
Finance Report
Income and Expenditure 2017

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted Funds</th>
<th>Restricted Funds</th>
<th>2017 £</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Income</td>
<td>72,704</td>
<td>14,500</td>
<td>87,204</td>
</tr>
<tr>
<td>Total Expenditure</td>
<td>30,333</td>
<td>23,611</td>
<td>53,944</td>
</tr>
<tr>
<td>Surplus</td>
<td>42,371</td>
<td>(9,111)</td>
<td>33,260</td>
</tr>
</tbody>
</table>
Finance Report
Income 2010-2017

£K

Finance Report
2017 Income Breakdown

- Membership: 10%
- Trusts and Foundations: 1%
- Individuals and Community: 9%
- Companies: 80%
Finance Report
2017 Expenditure Breakdown

- **Charitable Activities**: 85%
- **Raising Funds**: 15%

Legend:
- Blue: Charitable Activities
- Red: Raising Funds
# Finance Report

## Balance Sheet 2017

<table>
<thead>
<tr>
<th></th>
<th>2017 £</th>
<th>2016 £</th>
<th>2015 £</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td>95,844</td>
<td>62,660</td>
<td>65,310</td>
</tr>
<tr>
<td><strong>Creditors</strong></td>
<td>(2,161)</td>
<td>(2,237)</td>
<td>(38,311)</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td>93,683</td>
<td>60,423</td>
<td>26,999</td>
</tr>
<tr>
<td><strong>Represented by:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Restricted Funds</strong></td>
<td>11,128</td>
<td>20,239</td>
<td>17,848</td>
</tr>
<tr>
<td><strong>General Funds</strong></td>
<td>82,555</td>
<td>40,184</td>
<td>9,151</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>93,683</td>
<td>60,423</td>
<td>26,999</td>
</tr>
</tbody>
</table>
Finance Report
Key Messages

- We have secured our immediate future with help from Pharmaceutical Companies and other donations
- The Cycle to the Moon initiative will be our major fundraising effort for 2018
- We will invest in a fundraising resource once our cash flow has improved
- Our budget and plan reflects our means - we will not undertake major initiatives without first having the funds
- We will benefit financially from the “Tackle Tribute” set of concerts
- We still have very minimal overheads
Agenda Item 5

Receive and adopt the Report and Accounts of the Company for the year ending 31st December 2017
Agenda Item 6

Re-appointment of six Directors for a further 3-year term

- Robert Banner
- Keith Cass MBE
- Frank Chinegwundoh MBE
- Hugh Gunn
- Ken Mastris
- Roger Wotton
Agenda Item 7

Re-appointment of Sandy Tyndale-Biscoe as Hon. President for a further 3-year term
Agenda Item 8

Re-appointment of Auditors
Agenda Item 9

Any Other Business
(notified in advance)
Annual Conference 2018

Open Forum
Annual Conference 2018
“Healthy Mind, Healthy Body”
Conference Part 2

A Holistic View of Managing Health:
Dr Stéphanie McArdle, Senior Lecturer in Tumour Immunology, Nottingham Trent University

Integrating the Art of Living with the Science of Health:
Sue Cooper, Integrative Health and Wellbeing Advisor and Ambassador to Nottinghamshire Hospice

A personal Battle with Terminal Cancer:
Connell McNelis
Annual Conference 2018

Panel Discussion

Chris Booth, Clinical Advisory Board
Rebecca Porta, CEO Orchid Male Cancer
Stéphanie McArdle
Sue Cooper
Connell McNelis
Annual Conference 2018

Closing Remarks